



 **Sereva**  
Aesthetic & Rejuvenation Clinic



# *INTRAVENOUS (IV)* NUTRIENT THERAPY

## **Slimming Drip**

HEALTH IN A DRIP



PLEASE BOOK YOUR APPOINTMENT  
99157-48821, 62804-19039 & 79862-52065



# WHAT IS INTRAVENOUS (IV) NUTRIENT THERAPY?

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**Intravenous (IV) nutrient therapy** is a method of delivering a high concentration of vitamins, minerals, and other nutrients directly into your bloodstream, bypassing the digestive system, strengthen the immune system. By delivering nutrients directly to the body's cells and tissues, this approach ensures maximum absorption.

## TYPES OF IV NUTRIENT THERAPY

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**Myers' Cocktail:** A classic blend of B vitamins, high-dose Vitamin C, magnesium, and calcium — known to boost energy, immunity, and relieve fatigue or fibromyalgia symptoms.

**Rejuvenation Drip:** Delivers very high Vitamin C concentrations for strong antioxidant and immune support.

**Glow Drip:** Provides glutathione — a potent natural antioxidant — to aid detoxification, immunity, and skin radiance.

**Hydration Drip:** Replenishes fluids and electrolytes (sodium, potassium, magnesium) for rapid rehydration after illness, hangovers, or intense workouts.

**Immunity Booster:** Combines Vitamin C, B vitamins, and Zinc to strengthen immune defense.

**Performance & Recovery Infusion:** Designed for athletes, with amino acids, B vitamins, and electrolytes to enhance recovery, energy, and hydration.

**Beauty/Skin Infusion:** Includes Biotin, Vitamin C, and antioxidants to support collagen production and promote healthy skin, hair, and nails.

**Depending on need - Drips are customised to meet your requirements.**

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# WHAT ARE THE BENEFITS?

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## Antioxidant & Antiageing

**Boost energy and combat fatigue:** High doses of B vitamins can help increase energy levels.

**Enhance immune function:** Nutrients like Vitamin C and zinc can help strengthen the immune system.

**Promote skin health:** Ingredients like biotin and vitamin C can support collagen production for healthier-looking skin.

**Aid in athletic recovery:** Replenishes electrolytes, antioxidants, and amino acids after strenuous exercise.

**Provide hydration:** Quickly rehydrates the body, which is beneficial for overall wellness.

**Relieve hangovers:** Saline and electrolytes can quickly address dehydration caused by excessive alcohol intake.

Detoxify



### MORE EFFECTIVE THAN ORAL VITAMINS



### FAST DELIVERY WITH FAST EFFECTS



### SCIENTIFICALLY PROVEN



### SAFE AND EFFECTIVE



# WHAT ARE THE INGREDIENTS?

The exact combination of ingredients will depend on your individual health needs, but common components include:

## **Slimming drip CM drip ( L-carnitine) RL / Astymin and B Complex**

### Step 1

**Dextrose 5%:** This is a solution of sugar (glucose) in water. It serves as the base fluid for the IV drip, providing hydration and a small amount of energy.

**L-carnitine:** This is an amino acid derivative often associated with weight loss and energy. It plays a crucial role in transporting fatty acids into the mitochondria, where they are burned for energy. In a "slimming" context, it's included to potentially enhance fat metabolism.

**NAC (N-Acetyl Cysteine):** This is a precursor to glutathione, a powerful antioxidant. It is often included in detox and wellness IVs for its liver support and antioxidant properties.

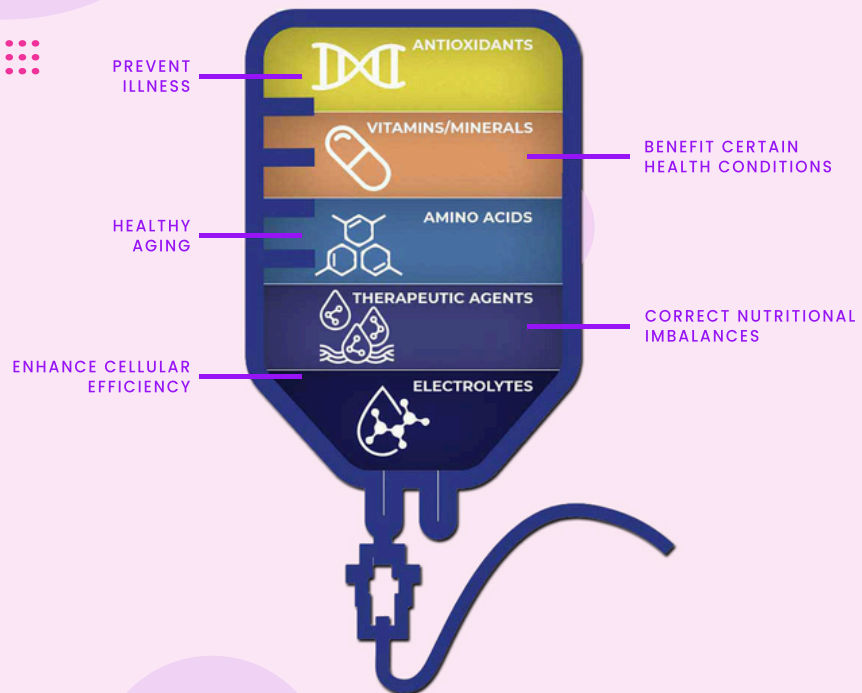
### Step 2

**RL (Ringer's Lactate):** This is a specific type of crystalloid IV solution, similar to saline, but containing sodium, chloride, potassium, and calcium, along with lactate. It's used to replenish fluids and electrolytes and serves as the base fluid for this step.

**Astymin:** This is a brand name for a formulation that typically contains essential amino acids. Amino acids are the building blocks of protein, essential for muscle repair, immune function, and overall metabolic health.

**Vitamin B12:** A critical B vitamin necessary for nerve function, red blood cell formation, and DNA synthesis. It is a common component of energy-boosting drips.

**B Complex (Implied from the heading):** Although not specifically listed with a volume in Step 2, the main heading mentions adding "Astymin and B Complex," suggesting other B vitamins (like B1, B2, B3, B5, B6, B9) are intended to be included, likely to support metabolism and energy levels.





# PRE DRIP

## INSTRUCTIONS



- Eat well – have a Heavy breakfast on the day of drip.
- Don't come empty stomach, If you are fasting do inform us for your safety.
- Bring Bananas, Poha and drink (Mazza, Coke or Fruity) with you.
- Come in relaxed clothes.
- It takes average 2 hours per Drip, as we monitor very strictly and send you home after monitoring for half an hour post drip for your safety.
- Take Your Regular medicines in morning.
- Remove Your Precious Jewellery Before Coming.



## WHAT TO EXPECT DURING YOUR SESSION?

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**CONSULTATION:** A qualified healthcare professional will review your medical history & health goals to customize your IV drip.

**PREPARATION:** A vein, typically in your arm, will be selected and disinfected.

**INSERTION:** A small, thin tube called a cannula will be inserted into the vein with a needle, which is then removed.

**INFUSION:** The IV bag, containing the nutrient solution, is connected to the cannula. The fluid flows slowly into your bloodstream over 30 to 60 minutes.

**RELAX:** You can read, watch TV, or rest during your session.

**REMOVAL:** Once the infusion is complete, the cannula is removed, and a dressing is applied.

**TIME:** 30 Minutes to 1 Hour





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