



 **Sereva**
Aesthetic & Rejuvenation Clinic



INTRAVENOUS (IV) NUTRIENT THERAPY

Revitalising Drip

HEALTH IN A DRIP



PLEASE BOOK YOUR APPOINTMENT
99157-48821, 62804-19039 & 79862-52065



WHAT IS INTRAVENOUS (IV) NUTRIENT THERAPY?

Intravenous (IV) nutrient therapy is a method of delivering a high concentration of vitamins, minerals, and other nutrients directly into your bloodstream, bypassing the digestive system, strengthen the immune system. By delivering nutrients directly to the body's cells and tissues, this approach ensures maximum absorption.

TYPES OF IV NUTRIENT THERAPY

Myers' Cocktail: A classic blend of B vitamins, high-dose Vitamin C, magnesium, and calcium — known to boost energy, immunity, and relieve fatigue or fibromyalgia symptoms.

Rejuvenation Drip: Delivers very high Vitamin C concentrations for strong antioxidant and immune support.

Glow Drip: Provides glutathione — a potent natural antioxidant — to aid detoxification, immunity, and skin radiance.

Hydration Drip: Replenishes fluids and electrolytes (sodium, potassium, magnesium) for rapid rehydration after illness, hangovers, or intense workouts.

Immunity Booster: Combines Vitamin C, B vitamins, and Zinc to strengthen immune defense.

Performance & Recovery Infusion: Designed for athletes, with amino acids, B vitamins, and electrolytes to enhance recovery, energy, and hydration.

Beauty/Skin Infusion: Includes Biotin, Vitamin C, and antioxidants to support collagen production and promote healthy skin, hair, and nails.

Depending on need - Drips are customised to meet your requirements.





WHAT ARE THE BENEFITS?

Antioxidant & Antiageing

Boost energy and combat fatigue: High doses of B vitamins can help increase energy levels.

Enhance immune function: Nutrients like Vitamin C and zinc can help strengthen the immune system.

Promote skin health: Ingredients like biotin and vitamin C can support collagen production for healthier-looking skin.

Aid in athletic recovery: Replenishes electrolytes, antioxidants, and amino acids after strenuous exercise.

Provide hydration: Quickly rehydrates the body, which is beneficial for overall wellness.

Relieve hangovers: Saline and electrolytes can quickly address dehydration caused by excessive alcohol intake.

Detoxify



MORE EFFECTIVE THAN ORAL VITAMINS



FAST DELIVERY WITH FAST EFFECTS



SCIENTIFICALLY PROVEN



SAFE AND EFFECTIVE



WHAT ARE THE INGREDIENTS?

The exact combination of ingredients will depend on your individual health needs, but common components include:

Revitalising drip

Step 1

Dextrose 5% : A base fluid and simple sugar. It provides a minimal amount of glucose (calories) and acts as a safe, short-term vehicle (carrier fluid) for the other compounds.

L-Carnitine : Energy and Fat Metabolism. L-Carnitine is an amino acid derivative that helps the body turn fat into energy. It is often used in IVs for promoting metabolism, reducing fatigue, and supporting heart and muscle function.

NAC : (N-Acetyl Cysteine)Antioxidant and Detoxification. NAC is a precursor to Glutathione, a powerful antioxidant in the body. It is often used for liver support, detoxification, and boosting the immune system.

Step 2

RL (Ringer's Lactate) : Primary Hydration/Carrier Fluid. RL is an electrolyte-balanced solution used to replenish water and essential electrolytes (like sodium, potassium, calcium, and chloride), making it excellent for rehydration and balancing the body's fluid environment.

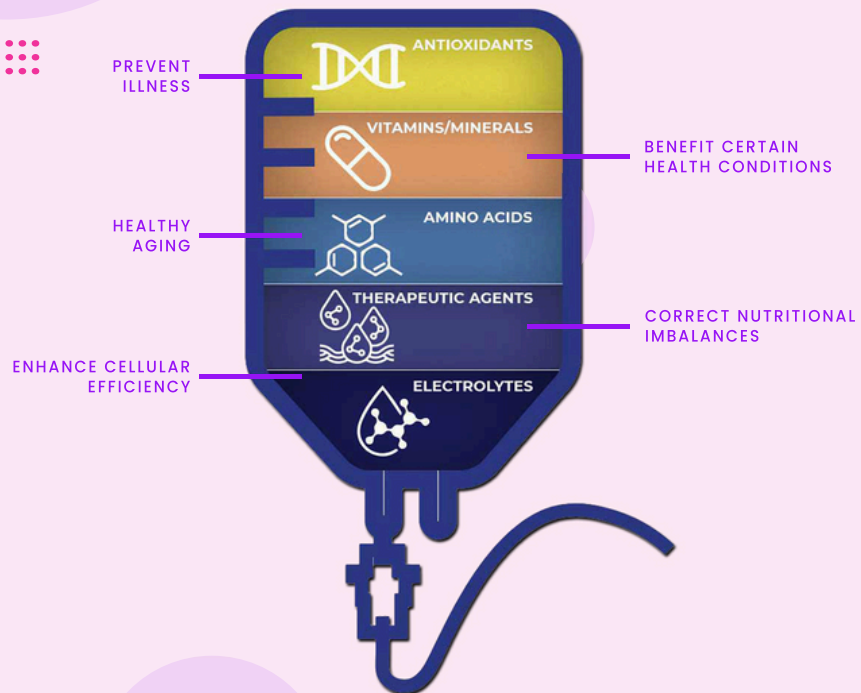
Vitamin C (Ascorbic Acid): High-Dose Antioxidant/Immune Support. Vitamin C is a powerful antioxidant. In IV therapy, very high doses (like 10g or 20g) are used to achieve much higher blood concentrations than are possible with oral intake. This is often used for immune system boosting, fighting infections, and its known antioxidant effects.

MgCl (Magnesium Chloride): Muscle/Nerve Function and Relaxation. Magnesium is a critical mineral. In IV form, it's used to support muscle and nerve function, reduce muscle spasms, manage migraines, and promote a sense of calmness/relaxation. It can also help with energy production.

Calcium: Bone/Nerve/Muscle Support. Calcium is an essential electrolyte for bone health, nerve signaling, and muscle contraction. It is included to balance the other minerals in the drip.

Potassium: Electrolyte Balance. Potassium is a key electrolyte necessary for heart function, muscle contractions, and maintaining fluid balance in the cells. It is essential to include when administering large volumes of fluid.

Vitamin B12: Energy and Nerve Health. Vitamin B12 is crucial for nerve function, red blood cell formation, and DNA synthesis. It is a common ingredient in IVs for boosting energy levels and combating fatigue.



PRE DRIP

INSTRUCTIONS



- Eat well – have a Heavy breakfast on the day of drip.
- Don't come empty stomach, If you are fasting do inform us for your safety.
- Bring Bananas, Poha and drink (Mazza, Coke or Fruity) with you.
- Come in relaxed clothes.
- It takes average 2 hours per Drip, as we monitor very strictly and send you home after monitoring for half an hour post drip for your safety.
- Take Your Regular medicines in morning.
- Remove Your Precious Jewellery Before Coming.



WHAT TO EXPECT DURING YOUR SESSION?

CONSULTATION: A qualified healthcare professional will review your medical history & health goals to customize your IV drip.

PREPARATION: A vein, typically in your arm, will be selected and disinfected.

INSERTION: A small, thin tube called a cannula will be inserted into the vein with a needle, which is then removed.

INFUSION: The IV bag, containing the nutrient solution, is connected to the cannula. The fluid flows slowly into your bloodstream over 30 to 60 minutes.

RELAX: You can read, watch TV, or rest during your session.

REMOVAL: Once the infusion is complete, the cannula is removed, and a dressing is applied.

TIME: 30 Minutes to 1 Hour





The Touch: One stop gynae centre for all woman needs.
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