



 **Sereva**
Aesthetic & Rejuvenation Clinic



INTRAVENOUS (IV)

NUTRIENT THERAPY

Detox Drip

HEALTH IN A DRIP



PLEASE BOOK YOUR APPOINTMENT
99157-48821, 62804-19039 & 79862-52065



WHAT IS INTRAVENOUS (IV) NUTRIENT THERAPY?

Intravenous (IV) nutrient therapy is a method of delivering a high concentration of vitamins, minerals, and other nutrients directly into your bloodstream, bypassing the digestive system, strengthen the immune system. By delivering nutrients directly to the body's cells and tissues, this approach ensures maximum absorption.

TYPES OF IV NUTRIENT THERAPY

Myers' Cocktail: A classic blend of B vitamins, high-dose Vitamin C, magnesium, and calcium — known to boost energy, immunity, and relieve fatigue or fibromyalgia symptoms.

Rejuvenation Drip: Delivers very high Vitamin C concentrations for strong antioxidant and immune support.

Glow Drip: Provides glutathione — a potent natural antioxidant — to aid detoxification, immunity, and skin radiance.

Hydration Drip: Replenishes fluids and electrolytes (sodium, potassium, magnesium) for rapid rehydration after illness, hangovers, or intense workouts.

Immunity Booster: Combines Vitamin C, B vitamins, and Zinc to strengthen immune defense.

Performance & Recovery Infusion: Designed for athletes, with amino acids, B vitamins, and electrolytes to enhance recovery, energy, and hydration.

Beauty/Skin Infusion: Includes Biotin, Vitamin C, and antioxidants to support collagen production and promote healthy skin, hair, and nails.

Depending on need - Drips are customised to meet your requirements.





WHAT ARE THE BENEFITS?

Antioxidant & Antiageing

Boost energy and combat fatigue: High doses of B vitamins can help increase energy levels.

Enhance immune function: Nutrients like Vitamin C and zinc can help strengthen the immune system.

Promote skin health: Ingredients like biotin and vitamin C can support collagen production for healthier-looking skin.

Aid in athletic recovery: Replenishes electrolytes, antioxidants, and amino acids after strenuous exercise.

Provide hydration: Quickly rehydrates the body, which is beneficial for overall wellness.

Relieve hangovers: Saline and electrolytes can quickly address dehydration caused by excessive alcohol intake.

Detoxify



MORE EFFECTIVE THAN ORAL VITAMINS



FAST DELIVERY WITH FAST EFFECTS



SCIENTIFICALLY PROVEN



SAFE AND EFFECTIVE



WHAT ARE THE INGREDIENTS?

The exact combination of ingredients will depend on your individual health needs, but common components include:

Detox – Gluta drip followed by Myers (Vitamin C / NAC / L Carnitine / Astymin)

Step 1

NAC (N-Acetyl Cysteine) : A precursor of glutathione; it supports liver detoxification and protects cells from oxidative stress.

Glutathione : A powerful antioxidant that helps in skin brightening, detoxification, and immune support.

Step 2

RL (Ringer's Lactate) : Serves as the main fluid carrier and helps restore electrolytes and hydration.

Vitamin C : A strong antioxidant that boosts immunity, improves skin health, and aids collagen synthesis.

MgCl (Magnesium Chloride) : Relaxes muscles, reduces fatigue, and supports nerve function.

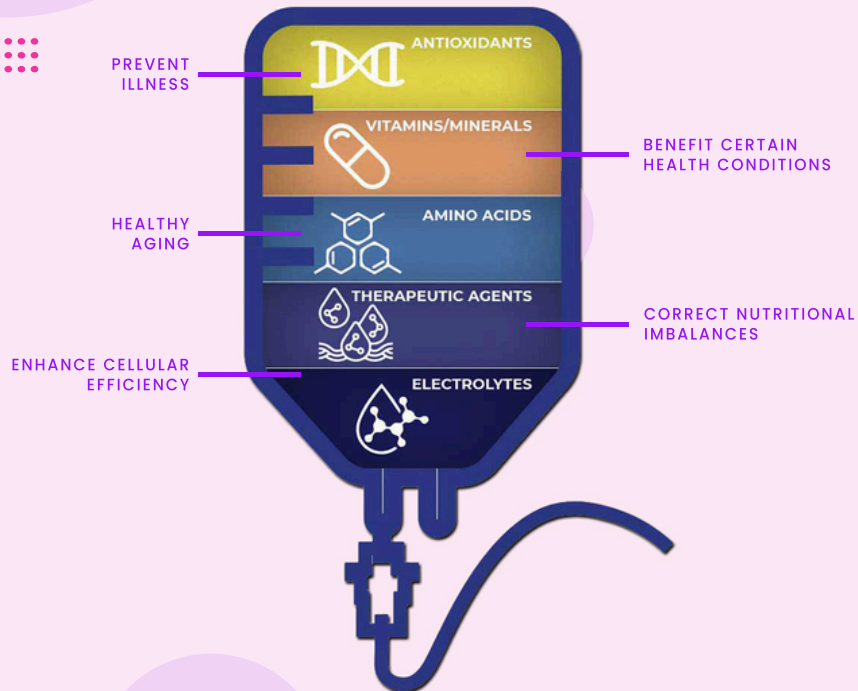
Calcium : Important for bone and muscle health.

Potassium : Maintains proper heart and muscle function.

L-Carnitine : Helps convert fat into energy, improving metabolism and stamina.

NAC – Supports liver health and enhances the antioxidant effect of glutathione.

Vitamin B12 : Boosts energy, improves mood, and supports red blood cell formation.



PRE DRIP

INSTRUCTIONS



- Eat well – have a Heavy breakfast on the day of drip.
- Don't come empty stomach, If you are fasting do inform us for your safety.
- Bring Bananas, Poha and drink (Mazza, Coke or Fruity) with you.
- Come in relaxed clothes.
- It takes average 2 hours per Drip, as we monitor very strictly and send you home after monitoring for half an hour post drip for your safety.
- Take Your Regular medicines in morning.
- Remove Your Precious Jewellery Before Coming.



WHAT TO EXPECT DURING YOUR SESSION?

CONSULTATION: A qualified healthcare professional will review your medical history & health goals to customize your IV drip.

PREPARATION: A vein, typically in your arm, will be selected and disinfected.

INSERTION: A small, thin tube called a cannula will be inserted into the vein with a needle, which is then removed.

INFUSION: The IV bag, containing the nutrient solution, is connected to the cannula. The fluid flows slowly into your bloodstream over 30 to 60 minutes.

RELAX: You can read, watch TV, or rest during your session.

REMOVAL: Once the infusion is complete, the cannula is removed, and a dressing is applied.

TIME: 30 Minutes to 1 Hour





The Touch: One stop gynae centre for all woman needs.
Advanced IVF, High Risk Pregnancy, Robotic, Cosmetic,
IV Therapy Centre

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